

GAGA BALL

Care for Yourself • Care for Others • Care for this Place



HOW TO START

- 1 Maximum 12 players in the pit.
- 2 Everyone starts around the wall with one hand touching it.
- 3 A player tosses the ball into the middle.
- 4 Bounce 1: "Ga!" Bounce 2: "Ga!" Bounce 3: "Go!"
- 5 Play begins after the third bounce.

YOU ARE OUT IF...

- 1 The ball touches you on or below the knee. 
- 2 You hit the ball out of the pit. 
- 3 You touch the ball twice in a row before it hits another player or the wall. 
- 4 You catch, hold, carry, throw, or kick the ball. 
- 5 When you are out, exit right away. A new game will start soon! 

PLAY IT RIGHT

-  Strike the ball with an open hand.
-  No kneeling or "turtling" to hide your legs.
-  No sitting, standing, balancing, or walking on the walls.
-  Respect the supervisor's call and keep the game moving.

OUR PILLARS OF CARE

CARE FOR YOURSELF



- ✓ Stay in control of your body and follow the rules.
- ✓ Keep your feet on the ground and follow adult directions.



CARE FOR OTHERS



- ✓ Play the ball, not the person. No pushing, grabbing, or rough play.
- ✓ Accept when you are out and help make the game welcoming for everyone.

CARE FOR THIS PLACE



- ✓ Use the pit for Gaga Ball only.
- ✓ Use only the shared grade-group ball and return it to the designated classroom.



Unsafe behaviour may mean leaving the game or losing Gaga Ball access for a period of time.

Capitol Hill School